

The healthiest countries in the world

Mediterranean diet seems to be good for health. 169 economies were scrutinized

Nutrition, sanitation and access to clean water were assessed by the Bloomberg Healthiest Country Index. Spain took first place, replacing Italy as the runner-up. Iceland came third, Japan fourth. Switzerland reached fifth place, followed by Sweden and Norway. Then Singapore, Australia and Israel follow. Germany did not even make it into the top 20, but had to settle for 23rd place.

Spaniards can therefore expect the highest life expectancy in Europe. A healthy diet is an extremely important basis. Which, unfortunately, is not guaranteed in many areas of the world. Food must be processed and preserved. Preservation is the business of EnWave, for example.

The Canadian EnWave - <https://www.youtube.com/watch?v=-aqWUa7hVCCQ> - drains organic materials, food, pharmaceutical products and medical cannabis with its innovative method. EnWave agrees commercial licenses with partner companies. They use EnWave's REV™ technology to dry their products. EnWave's customers include Bonduelle, Nestlé, Kellogg's and Merck (Pharma).

Health is also increasingly being taken care of by companies that manufacture and distribute cannabis products. The European cannabis market is growing steadily. Germany also has enormous potential. But not only the medical field, also the leisure use increases, because the plant is legalized in more and more countries. Canada has certainly played a pioneering role in this.

RavenQuest BioMed - <https://www.youtube.com/watch?v=UgUsP8r2KiA=15s> - is a Canadian cannabis producer that ensures the growing supply of cannabis. The company's most recent business success is obtaining permission to export cannabis to Australia. There Medcan Australia will process the plants into medical cannabis.

Current company information and press releases from EnWave (<https://www.resource-capital.ch/de/unternehmen/enwave-corp/>) and RavenQuest BioMed (<https://www.resource-capital.ch/de/unternehmen/ravenquest-biomed-inc/>).

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